

Dear Parents,

I can't quite believe how quickly this half-term has gone—we are quickly approaching our half-term break.

Today, we have had the Breck Foundation talking to all the children about the importance of keeping safe online—and discussing with them effective ways to keep safe when gaming. The children were very engaged in these talks, and we hope that they have been beneficial to them. There is a talk this evening for parents—please do come along at 6pm. The Zoom links to join were sent on a letter last week—and we'll email them out again to everyone today.

We also had MHST (Mental Health Support Team) talk to children in Year 5 and 6 this week—exploring positive ways to manage our emotions and actions to take if we are feeling worried or anxious. These sessions were really useful. They will be in school again, on 7th June—but this time for parents—with a coffee morning between 9—10am. Please do come along.

Have a lovely half-term break (when it arrives). Look forward to seeing you all again on 5th June.

Best Wishes,

Mrs Keefe

### Class Assemblies

We have one more class assembly before half-term. Please come and join your child at 10.45am for their assembly:

EW3—25th May

### Parents Information Evenings

Thank-you to everyone who replied to our survey on Parents Information Evenings. We have another one planned, following your feedback, which will be focused on Reading.

This session will be at 6pm on 13th June—please save the date!

Next half-term promises to be very busy indeed—we've included many dates on the list above. Please have a read through. We will include more details about the events as they approach.

### Diary Dates

Breck Foundation Parents Evening—6pm	24th May
EW3 Class Assembly	25th May
End of Half-Term	26th May
Half-Term—School Closed	28th May—2nd June
School Re-opens	5th June
Year 5/6 Athletics Inter-School Tournament	6th June
MHST Parents' Coffee Morning	7th June
Ernulf Visiting Year 6 Children	7th June
New Y3 Parents' Coffee Morning	13th June
Parents Information Evening: Reading	13th June
HT6 Class Assembly	21st June
Year 6 Safety Zone Visit	21st June
Ernulf Transition Days	26th / 27th June
Longsands Transition Day	27th June
New Classes Morning	27th June
New Parents Information Evening	27th June
EL3 Class Assembly	28th June
Sports Day (Morning)	29th June
Catherine Wheldon, Author Visit	3rd—5th July
AB5 Class Assembly	13th July
Y6 Performance	13th July
End of Term	19th July

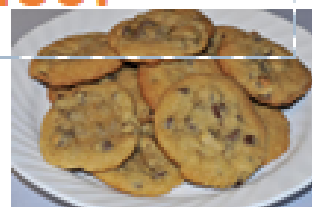


**NHS****Cambridgeshire  
Community Services****NHS Trust**

# **Parent/Carers of Priory Juniors Primary School**



## **Coffee Morning 7th June 9am-10pm**



With the St Neots Mental Health Support Team linked with your school

**Does your child find it difficult  
to manage their feelings?**

**Does your child have a lot of  
fears and Worries?**

Please come for an informal information sharing and advice session in school over some tea and biscuits with other parents.


We look forward to meeting you.

**What do you need to do?**

Nothing just turn up! If you need to bring your pre-school aged children then they are also welcome.



## WHAT IS A MENTAL HEALTH SUPPORT TEAM (MHST)?



MHSTs are intended to provide early mental health support to children and young people in education settings with mild to moderate mental health concerns. Your child's school has signed up to be part of this government programme to support children and young people with mild to moderate emerging mental health issues, and so, has a team of NHS staff now linked to the school and available to support and help.

The team is made up of different clinical staff who are trained in mental health. They are able to provide:

Individual face-to-face work (online or in-person), such as brief, low-intensity interventions for children, young people and families experiencing anxiety, low mood or behavioural difficulties.

Group work for pupils or parents, such as Cognitive Behavioural Therapy (CBT) informed guided self help for young people with conditions such as anxiety

