



Priory Junior School

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7th September 2022

Dear Parents/Carers,

Changing for PE

With the new school year, you will be aware that we returned to changing for PE. During the start of term, we have been made aware that there are some children, and parents, who are worried about this. We understand that this is a change for many children, who may not have changed for PE for a very long time, if at all.

The reason for not changing being introduced was because of the risks of coronavirus being spread at the very height of the pandemic. These risks are now much lower, and so, this is no longer a necessity.

The reasons for the re-introduction of changing are as follows:

- We believe that in the importance of school uniform in creating a sense of pride and belonging in school.
- There is an importance in teaching children about good hygiene related to sport and physical activity – and changing for PE is part of this.
- For children in Years 3 and 4, they will need to practise getting changed together, in preparation for changing for swimming lessons in Years 5 and 6.
- They will need to prepare for changing in older years too, and the best way to build this confidence is to do this while they are young.

We understand that for some children they may find this change tricky, and are conscious that we support them through this.

We have put in place a policy where each sex will change separately in Years 5 and 6, and we will now explore options for children in Years 3 and 4 too. The class teachers are aware of the children's worries and will support them with this too.

If you have a child who is particularly worried, or have any questions, please come and talk to your child's class teacher in the first instance.

Yours sincerely,

Tracy Keefe

