

## Supporting with feelings of worry workshop

## **Additional date:**

We are running an additional supporting with feelings of worry workshop for parents/carers. This workshop will be running:

Thursday 15<sup>th</sup> December 2022

10am - 11am

To register a place please use the form below, or scan the QR code using your phones camera option:

https://forms.office.com/e/quqdwLJ7nr



This workshop will be delivered via Microsoft Teams. A link will be emailed to you the day before the session.