

## Cabbage dye

Have you ever wondered what else you can do with the cabbage that your parents make you eat with your Sunday dinner? Follow these instructions and you will be able to use it to dye plain material either pink or blue.

### You will need:

- ✓ 1 red cabbage
- ✓ a large pot
- ✓ 2 tablespoons of vinegar
- ✓ 2 tablespoons of baking soda
- ✓ sieve
- ✓ plain white cloth/wool to dye
- ✓ washing line

### Method:

1. Firstly, chop the cabbage on a chopping board.
2. Put the chopped cabbage in a large pot and cover with water.
3. Next, boil the cabbage pieces for 4-8 hours.
4. After 4-8 hours of boiling, the liquid will be colourful. Use disposable gloves due to the strong pigment.
5. Pass the cabbage liquid through a sieve.
6. Add vinegar for a pink dye or baking soda for a blue dye (Don't recommend adding both!)
7. Place your chosen material in the dye.
8. Leave your cloth for at least 24 hours.
9. After 24 hours, rinse any surplus dye.
10. Hang your cloth from a washing line.