



## Priory Junior School

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Dear Parents,

### **Healthy Selfie**

I am writing to you to explain a fantastic new initiative called the Healthy Selfie, which we launched in school this week, the children have seen inspirational videos by the sport reps in assembly and so the standard has really been set! A Healthy Selfie is a photo taken of your child doing exercise or something healthy. They can be playing football, scootering to school, bouncing on the trampoline in the garden or absolutely anything else they can think of!

The purpose of the Healthy Selfie initiative is to share and hopefully encourage children to participate in physical activity by seeing others doing it. Secondly, we are a very active school with a strong background in doing sport, this is a chance for the whole school to celebrate this and be proud of what we achieve.

Parents are more than welcome to join in and include themselves in the photo as I know lots of you exercise as a team. Please can you send any selfies you take to [sport@priory.cambs.sch.uk](mailto:sport@priory.cambs.sch.uk).

We will then make a display in the hall of all of all of the photos which shows how active we all are.

Yours sincerely,

J. Emmess

