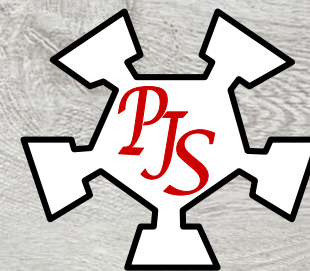


LUNCHTIME CO

Week 1

Commencing • 10th June • 1st Jul • 22nd July
• 2nd Sep • 23rd Sep • 14th Oct



Monday

Tuesday

Wednesday

Thursday

Friday

Freshly
baked bread

Wholemeal

Garlic

Ciabatta

Rosemary
wholemeal

Focaccia

Menu choice
1

Sausage & mash

Chicken tikka and
vegetable fajita

Beef lasagne

Roast turkey

Fish fingers

Menu choice
2



Vegetable chilli
taco

Quorn balls in
tomato & basil
sauce with pasta

Vegetarian
sausage & mash

Roasted vegetable
quiche

Vegetable fingers

Sides

Pasta with tomato &
garlic sauce

Jacket potato with
cheese and beans

Pasta with cheese
sauce

Jacket potato with
tuna mayo & cheese

Pasta with tomato
and herb sauce

Desserts

Pancake & sauce

Sliced fresh fruit
Cheese & biscuits

Fruit flapjack

Sliced fresh fruit
Natural yoghurt

Cappuccino cake

Sliced fresh fruit
Cheese & biscuits

Oat and fruit slice

Sliced fresh fruit
Natural yoghurt

Fruit jelly

Sliced fresh fruit
Cheese & biscuits

Available
every day:

- Seasonable vegetables
- Selection of fresh salad

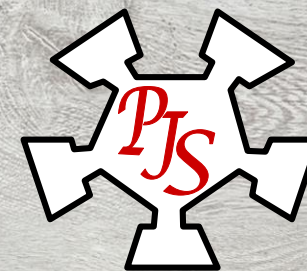
Some of our food may contain allergens. Please ask our chef for advice.

Our mission is to make your lunchtime meal the highlight of *your* day.

LUNCHTIME CO.

Week 2

Commencing • 17th June • 8th Jul
• 22nd July • 9th Sep • 30th Sep



Monday

Tuesday

Wednesday

Thursday

Friday

Freshly
baked bread

Wholemeal

Garlic

Ciabatta

Rosemary
wholemeal

Herb focaccia

Menu choice
1

Chicken in a bun

Meatballs in tomato
& garlic sauce

Hot dog

Roast pork & apple
sauce

Fishcake

Menu choice
2



Vegetable lasagne

Five bean &
vegetable ragout
pasta bake

Cheese & onion
quiche

Quorn sausage

Roasted pepper &
cheese pitta pizza

Sides

Pasta with
arrabbiata sauce

Jacket potato with
cheese & beans

Pasta with cheese
sauce

Jacket potato with
tuna mayo & cheese

Pasta with tomato
and roasted pepper
sauce

Desserts

Lemon drizzle cake

Sliced fresh fruit
Cheese & biscuits

Ice cream

Sliced fresh fruit
Natural yoghurt

Apple pie & custard

Sliced fresh fruit
Cheese & biscuits

Chocolate mousse

Sliced fresh fruit
Natural yoghurt

Carrot cake

Sliced fresh fruit
Cheese & biscuits

Available
every day:

- Seasonable vegetables
- Selection of fresh salad

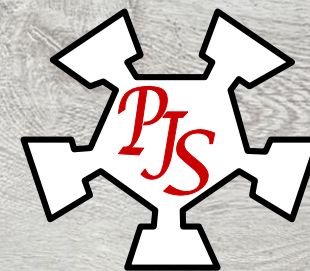
Some of our food may contain
allergens. Please ask our
chef for advice.

Our mission is to make your lunchtime meal the highlight of *your* day.

LUNCHTIME CO.

Week 3

Commencing • 3rd June • 24th June • 15th Jul
• 16th Sep • 7th Oct



Monday

Tuesday

Wednesday

Thursday

Friday

Freshly
baked bread

Garlic bread

Wholemeal bread

Ciabatta

Poppy seed bread

Wholemeal bread

Menu choice
1

Beef bolognaise

Salmon pasta bake

Sticky chicken wrap
with savoury
couscous

Roast chicken

Battered fish

Menu choice
2

Cheese & onion roll

Vegetable burger

Macaroni cheese

Quorn fillet

Vegetarian fajita



Sides

Pasta with tomato
and basil sauce

Jacket potato with
cheese & beans

Pasta with cheese
sauce

Jacket potato with
tuna mayo & cheese

Pasta with vegetable
ragout sauce

Desserts

Chocolate brownie

Sliced fresh fruit
Cheese & biscuits

Apricot shortbread

Sliced fresh fruit
Natural yoghurt

Fudge tart

Sliced fresh fruit
Cheese & biscuits

Berry Cheesecake

Sliced fresh fruit
Natural yoghurt

Orange and lemon
muffin

Sliced fresh fruit
Cheese & biscuits

Available
every day:

- Seasonable vegetables
- Selection of fresh salad

Some of our food may contain
allergens. Please ask our
chef for advice.

Our mission is to make your lunchtime meal the highlight of *your* day.

