



Week Three Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	MEATBALLS IN TOMATO SAUCE WITH RICE	CHICKEN & SWEETCORN PIE, MASH & GRAVY	ROAST CHICKEN, ROAST POTATOES AND GRAVY	PASTA BOLOGNAISE	FISH FINGERS and CHIPS
VEGETARIAN	VEGETARIAN MEATBALLS WITH RICE	CHEESE & TOMATO PASTA TWISTS	VEGETARIAN COWBOY PIE, ROAST POTATOES	MIXED BEAN FAJITA	VEGETABLE NUGGETS and CHIPS
JACKET POTATO	JACKET POTATO WITH CHEESE & BAKED BEANS	JACKET POTATO WITH BAKED BEANS	PASTA WITH TOMATO & BASIL SAUCE	JACKET POTATO WITH GRATED CHEDDAR	JACKET POTATO WITH BAKED BEANS
DESSERTS	CHOCOLATE COOKIE	ORANGE JELLY With MANDARINS	ICED LEMON SPONGE	SULTANA OATY COOKIE	FRUITY FRIDAY Melon Wedge
PACKED LUNCH	CHEESE BAGUETTE With Carrot Sticks, Satsuma & Chocolate Cookie	TUNA MAYO SANDWICH With Cucumber Sticks, Apple & Orange Jelly with Mandarins	HAM BAP With Carrot Sticks, Satsuma & Iced Lemon Sponge	CHICKEN BAGUETTE With Cucumber Sticks, Apple & Sultana Oaty Cookie	EGG MAYO SANDWICH With Carrot Sticks, Satsuma & Melon Wedge

SERVED W/C: 16/11, 07/12, 04/01, 25/01, 15/02



School Lunch menu

Food for Life

With this menu we continue with our achievement of Food for Life which means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

For more information on the award please visit foodforlife.org.uk/schools

Our Menu

Our menus meet or exceed government food standards for school meals. Do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British HMC certified assured meat. Are nut free.





Week One Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	PORK SAUSAGE, MASH & GRAVY	CHICKEN & TOMATO PASTA BAKE	ROAST GAMMON, ROAST POTATOES & GRAVY	BEEF LASAGNE	FISH CAKE & CHIPS
VEGETARIAN	VEGETARIAN SAUSAGE, MASH & GRAVY	MACARONI CHEESE	ROAST VEGETABLE FRITTATA, ROAST POTATOES	VEGETABLE LASAGNE	VEGETABLE FINGERS & CHIPS
JACKET POTATO	PASTA WITH TOMATO & BASIL SAUCE	JACKET POTATO with GRATED CHEDDAR	PASTA WITH TOMATO & BASIL SAUCE	JACKET POTATO with BAKED BEANS	JACKET POTATO with BAKED BEANS or GRATED CHEDDAR
DESSERTS	FLAPJACK	BANANA TRAYBAKE	SHORTBREAD BISCUIT	CHOCOLATE BROWNIE	FRUITY FRIDAY – Water Melon Wedge
PACKED LUNCH	CHEESE SANDWICH With Carrot Sticks, Apple & Flapjack	HAM BAGUETTE With Cucumber Sticks, Satsuma & Banana Traybake	TUNA MAYO BAP With Carrot Sticks, Apple & Shortbread Biscuit	CHICKEN SANDWICH With Cucumber Sticks, Satsuma & Chocolate Brownie	EGG MAYO BAP With Carrot Sticks, Apple & Water Melon

SERVED W/C: 02/11, 23/11, 14/12, 11/01, 01/02



Week Two Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	HAM PIZZA With OVEN BAKED WEDGES	MILD CHICKEN CURRY & RICE	ROAST TURKEY, ROAST POTATOES & GRAVY	ALL DAY BREAKFAST – Bacon, Egg, Beans, Potatoes, Tomato	COD FISH FINGERS & CHIPS
VEGETARIAN	CHEESE & TOMATO PIZZA with OVEN BAKED WEDGES	BBQ VEGETABLE & MIXED BEAN WRAP	CHEESE & BAKED BEAN PUFF, ROAST POTATOES & GRAVY	ALL DAY VEGETARIAN BREAKFAST – Sausage, Beans, Potatoes, Tomato	VEGETABLE FINGERS & CHIPS
JACKET POTATO	PASTA WITH TOMATO & BASIL SAUCE	JACKET POTATO with GRATED CHEDDAR	PASTA WITH TOMATO & BASIL SAUCE	JACKET POTATO with BAKED BEANS	JACKET POTATO with BAKED BEANS or GRATED CHEDDAR
DESSERTS	APPLE FLAPJACK	CINNAMON OATY COOKIE	VANILLA ICE CREAM	JAM TART	FRUITY FRIDAY – Pineapple Slice
PACKED LUNCH	TUNA MAYO BAP With Cucumber Sticks, Satsuma & Apple Flapjack	CHEESE BAGUETTE With Carrot Sticks, Satsuma & Cinnamon Oaty Cookie	HAM SANDWICH With Cucumber Sticks, Apple & Ice Cream Pot	EGG MAYO BAP With Carrot Sticks, Satsuma & Jam Tart	CHICKEN BAGUETTE With Cucumber Sticks, Apple & Pineapple Slice

SERVED W/C: 09/11, 30/11, 21/12, 18/12, 08/02