#### Priory News December 2020

Dear Parents,

The end of the Autumn term is very nearly here - it is hard to believe how quickly the time has gone!

As we approach the end of the term, we have planned some festive activities during the final week for all the classes to enjoy. While our usual Christmas performances have not been able to take place, all classes will be attending a 'virtual' pantomime performance of Robin Hood in their classroom.

The classes have also been exploring the theme of the Twelve Days of Christmas – and involved in creating a video of this for you all to enjoy. This will be placed onto our website on 17<sup>th</sup> December.

On the final afternoon of term, we always enjoy a special Christingle assembly – while this year, we will not be in the hall together, we are intending to recreate this for the classes and will end the term with this on 18<sup>th</sup> December. We will also share the assembly on our website for you to enjoy too.

The Autumn term ends on **Friday**, **18**<sup>th</sup> **December**. We all hope you have a very enjoyable and restful Christmas and will look forward to seeing you all again in January. The Spring Term starts on **Tuesday**, **5**<sup>th</sup> **January**.

Warm Regards, Tracy Keefe

#### Diary Dates

Year 4 / 6 Hot Christmas Lunch
Christmas Jumper Day
Year 3 / 5 Hot Christmas Lunch
Christingle

9<sup>th</sup> December
11<sup>th</sup> December
16<sup>th</sup> December

End of Term 18<sup>th</sup> December Spring Term Starts 5<sup>th</sup> January

#### Thank-you for....

Your support on Children in Need Day.

Together, we raised £513 for the charity.

#### Christmas Jumper Day

Children are invited to wear their Christmas Jumper to school on **Friday**, 11<sup>th</sup> **December** for a £1 contribution to the charity of Save The Children.

Please donate through our Just Giving page - <a href="https://www.justgiving.com/fundraising/cjd200024256">https://www.justgiving.com/fundraising/cjd200024256</a>
However, a minimum donation of £2 is required here – we would suggest this would work for families with siblings, and also if you are able to, share the contribution with friends.

#### Friends of Priory

Friends of Priory's AGM saw a new committee being formed with ideas for events being planned for the year ahead.

The children have enjoyed the Christmas present shopping in class, and a clothing collection is planned for 15<sup>th</sup> December – keep a watch for the bag coming home this week.

We are also very excited to be planning a virtual run – which will take place at the beginning of May – and we hope many of our families will get involved! More information on this will be shared in January.

#### Proud to be Priory:

- The children's enthusiasm for skipping and their ability to learn new skills!
- The children's continued good attitude to learning.
- The dedication of our staffing team greeting your children each day with smiles and kindness.

#### Well-Being

We are coming to the end of 2020 now – a year that has brought many changes and challenges to us all. It is a year that has provided us all with many emotional challenges.

As we approach the holidays, we will all experience a different festive period to normal. You may find some of the following resources helpful at this time too.

Mental Well-Being Audio Guides from the NHS: <a href="https://www.nhs.uk/conditions/stress-anxiety-depression/moodzone-mental-wellbeing-audio-guides/">https://www.nhs.uk/conditions/stress-anxiety-depression/moodzone-mental-wellbeing-audio-guides/</a>

These are useful for listening to for support with different topics such as low mood, anxiety, sleep problems.

December Well-Being Calendar: this is produced by Action for Happiness and focuses on acts of kindness for the month of December. By focusing on kindness to others, we can improve our own happiness. A copy is at the end of this newsletter.

#### Dogs

We enjoy seeing your dogs at the start / end of the day when you are coming to school. However, please help everyone by ensuring that any dog mess is picked up and not left on the school grounds. Thank-you.

#### Absences / Coronavirus Symptoms

Should a member of your household have symptoms, please do not send your child to school. They should self-isolate until you get the results of the test for the member of the household. If these are negative, they can then return to school. However, if they are positive, your household will need to self-isolate for 14 days. If you are in any doubt, please call the office who will be able to advise you.

#### Christmas Holidays

Should your child receive a positive test result during the first weekend of the Christmas holiday, please inform us via email or via Pupil Asset. We will be monitoring this communication for the first weekend, in order to be able to advise other families should children need to self-isolate over the Christmas period.

#### Catch-up Learning Packs

We are busy preparing some additional resources for all the children in school, ready to take home in January to support with homework, and extra practice of key skills. Please watch out for these, along with our webinar to share ways of using the resources too.



# KINDNESS CALENDAR: DECEMBER 2020



## MONDAY



#### positive message for someone else Leave a to find

happy memory o with a loved one inspiring thought

14 Share a

- 21 Appreciate thank people who do things for you kindness and
- less meat and use the planet. Eat less energy

### TUESDAY

#### Kindness Calenda spread kindness with others and

- 8 Do something friend or family helpful for a member
- 15 Contact an elderly neighbour and brighten up
- may go unnoticed 22 Congratulate achievement that someone for an
- 28 Be kind to

and really listen

to people

digital devices

29 Turn off

# Share the

- and be kind instead yourself or others you're hard on Notice when
- 16 Look for something positive to say to everyone you speak to
- 23 Choose to give or receive forgiveness the gift of
- 30 Let someone know how much them and why you appreciate

kindness to do

each other. Every act of kindness matters

Let's look beyond our differences and help

in 2021

new acts of

31 Plan some

# WEDNESDAY

THURSDAY

#### 2 Contact see how they are can't be with to

- 3 Offer to help facing difficulties someone who is at the moment
- wholeheartedly to others without judging them
- 17 Practice kind things others gratitude. List the have done for you 18 Give away

something that

you have been

kindness today, everyone with holding on to Treat

24 Bring joy

something which to others. Share

made you laugh

including yourself! kind for nature Pick up litter

#### 11 Be generous. with food, love or kindness today Feed someone 12

- shops near you independent and support
- 26 Get outside. or do something
- 27 Call a relative to say hello and who is far away have a chat

# SATURDAY

SUNDAY

FRIDAY

#### comments to as many people as possible today Give kind

5 Make a gift for someone who is homeless or feeling lonely

really care about

See how

campaign you

charity, cause or

local food bank extra item and donate it to a Buy an

> people you can many different

smile at today

- 19 Buy locally 20 Contact may be alone or feeling isolated someone who

# #DoGoodDecember



www.actionforhappiness.org

Learn more about this month's theme at www.actionforhappiness.org/do-good-december

ACTION FOR HAPPINESS :

Keep Calm · Stay Wise · Be Kind