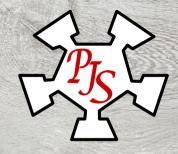
LUNCHTIME CO

Week 1

Commencing • 21st Oct • 18th Nov • 9th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday	
Freshly baked bread	Garlic bread	Wholemeal bread	Focaccia	Rosemary wholemeal bread	Garlic & herbed ciabatta	
Menu choice 1	Chicken pie	Tuna pizza	Beef lasagne	Roast pork	Fish fingers	
Menu choice 2	Homemade cheese & potato pasty	Vegetable stir fry & noodles	Vegetable hot pot served with rice	Vegetarian sausages	Quorn ragu with pasta	
Menu choice	Pasta with roasted pepper sauce	Jacket potato with salmon mayo & cheese	Penne pasta with tomato and basil sauce	Jacket potato with cheese and beans	Pasta with tomato and garlic sauce	
Desserts	Chocolate brownie Sliced fresh fruit Cheese & biscuits	Jelly Sliced fresh fruit Natural yoghurt	Marble cake with custard Sliced fresh fruit Cheese & biscuits	Fruit cookies Sliced fresh fruit Natural yoghurt	Sticky toffee pudding & custard Sliced fresh fruit Cheese & biscuits	
<i>Our mission</i> is to make your lunchtime meal the highlight of <i>your</i> day.						



Available every day:

- Seasonable vegetables
- Selection of fresh salad

Some of our food may contain allergens. Please ask our chef for advice.

LUNCHTIME CO

Week 2

Commencing • 4th Nov • 25th Nov • 16th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Garlic bread	Wholemeal bread	Focaccia	Rosemary wholemeal bread	Garlic & herbed ciabatta
Menu choice 1	Cheese and tomato pizza	Sausages	Cottage pie	Roast chicken	Battered fish
Menu choice 2	Cheesy cauliflower & broccoli bake	Quorn sausages	Vegetable cottage pie	Quorn fillet	Ratatouille
Menu choice $oldsymbol{3}$	Pasta with mixed vegetable & tomato sauce	Jacket potato with tuna mayo & cheese	Pasta with arrabbiata sauce	Jacket potato with cheese and beans	Spaghetti with vegetable sauce
Desserts	Apple crumble & custard Sliced fresh fruit Cheese & biscuits	Cheese cake & chocolate drizzle Sliced fresh fruit Natural yoghurt	Shortbread biscuits Sliced fresh fruit Cheese & biscuits	Fruit flapjack Sliced fresh fruit Natural yoghurt	Chocolate sponge cake with chocolate sauce Sliced fresh fruit Cheese & biscuits



Available **every day**:

- Seasonable vegetables
- Selection of fresh salad

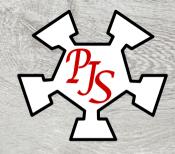
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LUNCHTIME CO

Week 3

Commencing • 11th Nov • 2nd Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Garlic bread	Garlic bread	Focaccia	Rosemary wholemeal bread	Garlic & herbed ciabatta
Menu choice 1	Chicken burger	Sausages	Beef burger	Roast turkey	Fish cakes
Menu choice 2	Macaroni cheese	Vegetable bolognaise	Vegetable burger	Vegetable and bean chilli with rice	Cheese and tomat frittata
Menu choice $oldsymbol{3}$	Pasta with vegetable ragout sauce	Jacket potato with tuna mayo & cheese	Pasta with cheese sauce	Jacket potato with cheese and beans	Broccoli & tomato pasta bake with melted cheese
Desserts	Lemon drizzle Sliced fresh fruit Cheese & biscuits	Chocolate cookies Sliced fresh fruit Natural yoghurt	Jam sponge & custard Sliced fresh fruit Cheese & biscuits	Ice cream Sliced fresh fruit Natural yoghurt	Bakewell tart Sliced fresh fruit Cheese & biscuits



Available **every day**:

- Seasonable vegetables
- Selection of fresh salad

Some of our food may contain allergens. Please ask our chef for advice.