

Priory Junior School

Statement on Bullying

At Priory Junior School, we believe that everyone should 'Be The Best They Can Be'. To help everyone to do this, we all try to follow the school's values.



This school is a place where everyone has the right to be themselves. It's a place where everyone can feel safe, be happy and learn. Everyone at our school is equal and acts with respect and kindness towards each other. Our school should be a bully-free place.

What is Bullying?

Bullying is when a person is hurtful or unkind to someone else, on purpose and more than once. Bullying can be done by one person or by a group of people and can be towards one person or a group of people. A useful way to remember bullying is:

STOP

SEVERAL TIMES ON PURPOSE



- Hitting, gesturing, or saying you are going to hit someone
- Touching someone when they don't want you to
- Calling someone names, teasing, using rude language or saying nasty things about someone to them or to other people
- Stealing or damaging someone else's belongings
- Ignoring someone on purpose or leaving them out / giving them looks

- Sending hurtful or unkind texts, emails or online messages to someone or about someone



Bullying can be about:

- Race or ethnicity (racist bullying)
- Religion or belief
- Family and culture
- Sexist bullying, which is bullying someone because of their gender. For example, because they are a boy or a girl, or saying they are acting 'like a boy' or 'like a girl'
- Homophobic bullying. This is calling someone lesbian or gay on purpose to be

unkind or nasty to them, for example 'you're so gay!'

- Special educational needs or disability
- What someone looks like
- Where someone lives



If someone is being hurtful or unkind to you several times on purpose, for whatever reason, whether it is about you or your family or friends, that is bullying. No one should be picked on for being different in anyway, for how they act, what they look like or who their family are.

Why does bullying happen?

Although bullying doesn't happen very much at this school it might happen. Bullies can be older or younger than you, bigger or smaller than you. Bullies pick on people who may be different in some way and try to make them feel worse about themselves. If you are being bullied remember that it is never your fault.

Where does bullying happen?



What should I do if I think someone is being bullied?

Talk to the person and ask if they're ok and try to find out if they are being bullied. If they are, ask if you can help them talk to a teacher or an adult they trust.

What should I do if I'm being bullied?

If you are being bullied it is important to tell someone you trust. Tell an adult or friends, either at school or at home. If you have already told an adult about bullying you can still tell them again. You can:

- Tell a teacher – your class teacher or any other teacher
- Tell a Peer Mediator who will be able to help you
- Tell any other adult staff in school – such as the teaching assistants, midday supervisors or the office staff
- Tell an adult at home
- You can also write a note about the bullying and put it in your classroom's worry monster
- You can also call ChildLine at any time for free on 0800 1111. They will not tell anyone else about what you have said.

If you tell a teacher or an adult at school they will be able to help you. They may tell another teacher like your class teacher, or a parent or carer so that they can help you. Telling an adult will never make the bullying worse. They will talk to you and agree what will happen next to help you.

It can take courage to do this, but it is the safest thing to do.

What should I do if I think I might be being bullied, but I'm not sure?

If you are not sure whether you are being bullied, but are feeling upset about the way someone is treating you, it is important to tell someone you trust. Tell an adult or friends, either at school or at home. Make sure you tell someone - don't leave it!