

LUNCH MENU

WEEK 1

Weeks commencing: 17th Apr • 8th May • 5th June • 26th June • 17th July • 18th Sept • 9th Oct

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	East Anglian pork sausages with gravy and mashed potatoes	Chicken pasta bake with garlic bread	Yorkshire pudding with beef strips and herby diced potatoes	Roast pork, stuffing, apple sauce and gravy with roast potatoes	Oven baked battered cod fillet with tomato sauce and chips
	Quorn chipolatas with gravy and mashed potatoes ✓	Vegetable samosas with mint and yoghurt dip and rice ✓	Mac 'n' cheese with garlic and herb focaccia ✓	Cheese quiche and roast potatoes ✓	Quorn dippers with tomato sauce and chips ✓
	Salmon salad baguette with salad garnish	Jacket potato with baked beans ✓	Egg and cress on an open bun with salad garnish ✓	Jacket potato with tuna and sweetcorn	Ham Ploughman's with salad garnish
DESSERTS	Fruit flapjack with a slice of fresh fruit	Apple and cinnamon crumble with custard	Wicked fruity Wednesday or cheese and crackers	Strawberry mousse and a fresh fruit slice	Fruit muffin with fresh milk
A selection of alternative desserts will be available daily.					

WEEK 2

Weeks commencing: 24th Apr • 15th May • 12th June • 3rd July • 4th Sept • 25th Sept • 16th Oct

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	Local pork grill in a bun	Beef Bolognese with penne pasta	Barbeque chicken with rice	Roast turkey, stuffing and gravy with roast potatoes	Fish fingers or salmon bites with tomato sauce and chips
	Quorn grill in a bun ✓	Cauliflower and broccoli bake with garlic bread ✓	Bean and vegetable bake with herby diced potatoes ✓	Quorn fillet, stuffing and gravy with roast potatoes ✓	Pasta Neapolitan ✓
	Jacket potato with baked beans ✓	Tuna and cucumber filled roll with salad garnish	Ham salad baguette with salad garnish	Cheese salad wrap with salad garnish ✓	Jacket potato with cheese and coleslaw ✓
DESSERTS	Mini chocolate brownie with fresh fruit	American pancake and ice cream with raspberry sauce	Wicked fruity Wednesday or cheese and crackers	Vanilla cheesecake	Cappuccino cake with fresh milk
A selection of alternative desserts will be available daily.					

WEEK 3

Weeks commencing: 1st May • 22nd May • 19th June • 10th July • 11th Sept • 2nd Oct

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	Pork meatballs with tomato and basil sauce and spaghetti	Beef shepherd's pie and gravy	Mega ham and tomato pizza	Roast chicken, stuffing and gravy with roast potatoes	Fish fingers with tomato sauce and chips
	Herby spaghetti with garlic and herb focaccia ✓	Quorn shepherd's pie and gravy ✓	Mega cheese and tomato pizza ✓	Roasted vegetable filled Yorkshire pudding and roast potatoes ✓	Vegetable Bolognese with penne pasta ✓
	Jacket potato with baked beans ✓	Egg and cress filled roll with salad garnish ✓	Jacket potato with tuna mayonnaise	Ham salad baguette with salad garnish	Coronation Quorn wrap with salad garnish ✓
DESSERTS	Waffle and ice cream	Carrot cake and fruit slice with fresh milk	Wicked fruity Wednesday or cheese and crackers	Fruit jelly with ice cream	Oat and raisin biscuit with a slice of fresh fruit
A selection of alternative desserts will be available daily.					

AVAILABLE DAILY!



A selection of alternative desserts will be available daily.

Salad bar available subject to the style of service. Some menus or items on the menu are subject to change. All vegetables are seasonal with the exception of peas, sweetcorn and baked beans.